



Department of
Medicaid



Resilience through
Integrated Systems and Excellence

Ohio Medicaid's Behavioral Health Respite Service

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Resilience through
Integrated Systems and Excellence

A specialized, statewide managed care program for youth with complex behavioral health and multisystem needs.



Specialized Managed Care Program

Aetna Better Health of Ohio serves as the OhioRISE plan.



Shared Governance

OhioRISE features multi-agency governance to drive toward improving cross-system outcomes – we all serve many of the same kids and families.



Coordinated and Integrated Care & Services

OhioRISE brings together local entities, schools, providers, health plans, and families as part of our approach for improving care for enrolled youth.



Prevent Custody Relinquishment

OhioRISE will utilize a new 1915(c) waiver to target the most in need and vulnerable families and children to keep families together.

OhioRISE Enrollment

- ✓ Enrolled in Medicaid (managed care or fee for service)
- ✓ Age 0 - 20
- ✓ In need of significant behavioral health (BH) service
- ✓ Require significant functional intervention, as assessed by the Child and Adolescent Needs and Strengths (CANS)

OhioRISE Services

- ✓ All existing behavioral health services – with a few limited exceptions (BH emergency dept.)
- ✓ Intensive and Moderate Care Coordination **NEW**
- ✓ Intensive Home-Based Treatment (IHBT) **ENHANCED**
- ✓ Psychiatric Residential Treatment Facilities (PRTF) **NEW**
- ✓ Behavioral Health Respite **ENHANCED**
- ✓ Flex funds to support implementing a care plan **NEW**
- ✓ 1915(c) waiver that runs through OhioRISE **NEW**
 - Unique waiver services & eligibility
- ✓ Mobile Response and Stabilization Service (MRSS) **NEW**
 - Also covered outside of OhioRISE (MCO and fee for service)

OhioRISE Behavioral Health Respite



Provides short-term, temporary relief to the primary caregiver of a youth, in order to support and preserve the primary caregiving relationship and is not allowable when the youth is receiving otherwise available respite services.

- » Instrumental in supporting the typical functions of family life in community settings while ensuring children have access to needed supports normally provided by a primary caregiver.
- » Components of the behavioral health respite service may include:
 - Assistance with activities of daily living;
 - Transportation; and
 - Supports in home and community-based settings.
- » Coverage described in Ohio Administrative Code rule [5160-59-03.4](#)
- » CMS authority: [1915\(b\)\(3\)](#)



History, Opportunities and Challenges

- Started in 2017 with narrower combined respite benefit for both behavioral and physical health needs.
- Deliberate work needed to ensure no duplication of funding for similar services
 - » Other 1915(c) respite services, child protection system payment for respite, etc.
- Current focus on growing access to BH respite – working on growing provider enrollment / network
 - » Challenging to create operations that can be easily leveraged by natural / community providers; dedicated resources and tools needed to support
 - » Opportunity with foster care providers
- Managed care considerations:
 - » Network criteria
 - » Rates
 - » Utilization management
- Coordinating care / context of OhioRISE Child and Family Team
- Future work on group settings