State Medicaid Initiatives to Improve Care for Children

National Association of Medicaid Directors

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Texas Medicaid Director
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Texas Medicaid and CHIP

- Medicaid and CHIP provide health care for more than 4 million low-income Texans
- Most Medicaid and all CHIP services are delivered through managed care health plans under contract with the state
- These programs cover half of all children in Texas
- As of August 2013, 76% of the total Medicaid enrollment were younger than age 19
- From 2015 to 2019, the number of children (infants to age 18) potentially eligible for Medicaid is projected to increase by 8 percent
Number of Children Served

- As of October 2013, Texas had 2,757,291 children under 19 enrolled in Medicaid
  - This includes Temporary Assistance for Needy Families (TANF), foster care children, newborns, children age 1-5 and children age 6-14
- As of October 2014, Texas had 174,094 Supplemental Security Income (SSI) and related children under 21.
  - This accounts for 40.8% of total disability related clients and 4.3% of total Medicaid clients
Current Managed Care Programs
Texas Children Served

- **STAR** – for families and children
  - 2,239,694 children enrolled in STAR
- **STAR+PLUS** – for individuals with disabilities and age 65 or older
  - 17,723 children enrolled in STAR+PLUS
  - 206 children in an ICF-IID or an IDD waiver are currently enrolled in STAR+PLUS.
- **STAR Health**
  - Serves approximately 31,877 children and young adults
STAR Health

• History
  • 2005 - The Texas Legislature required HHSC to design a comprehensive medical services delivery model to meet the healthcare needs of children in foster care
  • April 2008 - STAR Health was the first program of its kind to accomplish this goal

• Populations
  • Children in Department of Family and Protective Services (DFPS) conservatorship
  • Young adults age 18-22 who voluntarily continue in a foster care placement
  • Young adults age 18-21 who are former foster care youth are also enrolled in STAR Health
Health Passport – Electronic Health Record

- The Health Passport collects key member health information and stores it on a secure website. Features include:
  - Medical, behavioral health, vision, dental, and prescription claims as well as lab results and immunization records
  - Providers may enter allergies and known reactions, vital signs, weight, height, and other details
  - Forms including healthcare service plans, psychotropic utilization reviews, Texas Health Steps exams, and psychological evaluations
- Data can be accessed by foster parents, health care providers, and caseworkers
In 2005, the *Psychotropic Medication Utilization Parameters for Foster Children* were released

- *Parameters* are best practice guidelines for prescribers
- Updated every other year posted on the DFPS website

The psychotropic medication regimen of each STAR Health member is reviewed to ensure compliance with the *Parameters*. When an opportunity to reduce medications is found, a peer to peer discussion with the provider occurs.

The development of the *Parameters*, the implementation of the STAR Health program, and the carve-in of the pharmacy benefit into managed care have together resulted in a 36% decrease in overall use of psychotropic medications in foster care since 2004 as shown in the chart on page 16.
Use of Psychotropic Medications in Children in Texas Foster Care

![Graph showing the percentage of children receiving psychotropic medications from FY2002 to FY2013. The percentages decrease over time, indicating a decrease since 2004.]

- Psychotropic Meds 60 days+: 3.34%, 3.98%, 4.99%, 5.00%, 5.00%, 5.00%, 5.00%, 5.00%, 5.00%, 5.00%, 5.00%, 5.00%, 5.00%, 5.00%, 5.00%, 5.00%
- Class polypharmacy: 0.70%, 1.10%, 1.39%, 0.87%, 0.68%, 0.73%, 0.56%, 0.51%, 0.47%, 0.43%, 0.37%
- Five or more Meds polypharmacy: 0.34%, 0.39%, 0.36%, 0.27%, 0.26%, 0.25%, 0.25%, 0.25%, 0.25%, 0.25%, 0.25%, 0.25%, 0.25%, 0.25%, 0.25%, 0.25%

36% decrease since 2004
71% decrease since 2004
73% decrease since 2004
Medicaid Wellness Program

• HHSC contracts with McKesson to provide a special health program for individuals who get traditional (known as fee-for-service) Medicaid and have long-lasting or serious health conditions
  • On average the Texas Medicaid Wellness Program actively manages 10,630 members under the age of 21 on a monthly basis

• Through the program, community-based care teams deliver:
  • One-on-one patient counseling
  • Health assessments, and
  • Personalized care plans to help patients better self-manage their conditions and support their individual health needs and challenges
Pay-for-Quality Program

• In January 2014, HHSC implemented the Pay-for-Quality (P4Q) Program
• The P4Q Program provides financial incentives and disincentives to MCOs participating in the STAR and STAR+PLUS programs, by placing a maximum of 4% of the MCO’s capitation at risk
• MCOs will be measured against their previous year’s performance on a number of metrics including:
  • Potentially preventable events (e.g., emergency room visits or hospital admissions)
  • Quality of care measures including well-child visits, prenatal and postpartum care, and diabetes management
In Spring 2014, Texas began to provide report cards to new Medicaid members in their enrollment packets regarding MCO performance on outcome and process measures

- The report cards are provided by program in each of the state’s 13 service areas to allow members to easily compare the MCOs on specific quality measures
- Report cards are also posted on the HHSC website and will be updated annually
- STAR child report card measures:
  - Healthcare Effectiveness Data and Information Set (HEDIS)® Well-Child Visits:
    - First 15th months of life
    - Years 3, 4, 5 and 6
    - Adolescent well-care visits
  - Agency for Healthcare Research and Quality (AHRQ) Pediatric Quality Indicators: Asthma Admission Rate
Quality Sample MCO Report Card

Getting help from doctors and the health plan:

<table>
<thead>
<tr>
<th>Topic</th>
<th>Amerigroup</th>
<th>Community Health Choice</th>
<th>Molina</th>
<th>Texas Children’s</th>
<th>United Healthcare</th>
</tr>
</thead>
<tbody>
<tr>
<td>Getting timely care: Did your child get care right away when they needed it?</td>
<td>★★★ Average</td>
<td>★★★ Average</td>
<td>★★★ Average</td>
<td>★★★ Average</td>
<td>★★★ Average</td>
</tr>
<tr>
<td>Talking with doctors: Did your child’s doctor spend enough time with you? Listen to you? Explain things well?</td>
<td>★★★ Average</td>
<td>★★★ Average</td>
<td>★★★ Average</td>
<td>★★★ Average</td>
<td>★★★ Average</td>
</tr>
<tr>
<td>Overall rating: How would you rate your child’s plan?</td>
<td>★★★ Average</td>
<td>★★★ Average</td>
<td>★★★ Average</td>
<td>Above average</td>
<td>Average</td>
</tr>
</tbody>
</table>

Getting checkups:

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</tr>
</thead>
<tbody>
<tr>
<td>Checkups (birth to 15 months): Did babies get their checkups?</td>
<td>★★★ Average</td>
<td>★★★ Average</td>
<td>★★★ Average</td>
<td>Above average</td>
<td>★★★ Average</td>
</tr>
<tr>
<td>Checkups (age 3 to 5 years): Did children get their checkups?</td>
<td>★★★ Above average</td>
<td>★★★ Average</td>
<td>★★★ Average</td>
<td>Average</td>
<td>★★★ Below average</td>
</tr>
<tr>
<td>Checkups (age 12 to 21 years): Did teens get their checkups?</td>
<td>★★★ Average</td>
<td>★★★ Above average</td>
<td>★★★ Average</td>
<td>Above average</td>
<td>★★★ Below average</td>
</tr>
</tbody>
</table>

Getting help with health issues:

<table>
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<th>United Healthcare</th>
</tr>
</thead>
<tbody>
<tr>
<td>Asthma: How well does the health plan care for children with asthma?</td>
<td>★★★ Average</td>
<td>★★★ Average</td>
<td>★★★ Average</td>
<td>★★★ Average</td>
<td>★★★ Average</td>
</tr>
<tr>
<td>ADHD (Attention Deficit Hyperactivity Disorder): How well does the health plan care for children with ADHD?</td>
<td>★★★ Average</td>
<td>★★★ Average</td>
<td>★★★ Average</td>
<td>★★★ Average</td>
<td>★★★ Average</td>
</tr>
</tbody>
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Report card for STAR health plans for children in the following counties
Austin County · Brazoria County · Fort Bend County · Galveston County · Harris County · Matagorda County · Montgomery County · Waller County · Wharton County

Health plans in your area
Amerigroup: 1-800-600-4441
Community Health Choice: 1-888-760-2600
Molina: 1-866-449-6849
Texas Children’s: 1-866-959-2555
UnitedHealthcare: 1-888-887-9003

If a plan shows “No rating”: This is not a bad rating. It means that at the time of the study: (1) the plan was new to the area, or (2) the plan didn’t have enough members to get a rating.
Future Managed Care Program
STAR Kids

• The Texas Legislature authorized HHSC to establish a mandatory, capitated STAR Kids managed care program tailored to provide Medicaid benefits to children and young adults with disabilities

• Requires the full integration of the Medically Dependent Children Program (MDCP), currently a 1915(c) waiver, into STAR Kids

• The current MDCP waiver is for those who meet a nursing facility level of care. The program provides respite, supported employment, minor home modifications and other community oriented services
STAR Kids Activities

- Effective September 1, 2016, children and young adults under age 21 who receive SSI or Home and Community-based Services (HCBS) Waiver program services must enroll in STAR Kids
- HHSC is engaged in a competitive procurement process to identify STAR Kids MCOs
- HHSC will award at least two contracts per managed care service area
- Key features of STAR Kids will include standardized screening and evaluation for all members, comprehensive service coordination, transition planning for adolescent members, and access to health homes
STAR Kids
Demographic Information

- STAR Kids is anticipated to serve about 200,000 children and young adults
- About 5,800 individuals currently receive services from MDCP
- STAR Kids will also serve about 900 children and young adults who receive Medicare and Medicaid (dual eligibles)
There are 1,489 approved and active Delivery System Reform Incentive Payment (DSRIP) projects in Texas. About 119 DSRIP projects focus specifically on providing services to children and/or adolescents. Eight children’s hospital systems in Texas are implementing 61 of those projects. Other DRSIP providers of projects for children include other hospitals, physician groups, community mental health centers and local health departments. Many other DSRIP projects include children and adolescents in their general target population.
Examples of Texas’ 1115 waiver Delivery System Reform Incentive Payment (DSRIP) projects targeted to children include:

- Primary and preventive health care services
- Specialty care such as neurology, orthopedics, oncology, cardiology, gastroenterology, endocrinology
- Management of chronic conditions such as asthma
- Oral health services
- Obesity prevention
- Behavioral health interventions
- School-based clinics
- Health care navigation
Health Agencies in Texas

- The Health and Human Services Commission (HHSC) is the umbrella Health and Human Services agency in Texas
- The State Medicaid Office is housed at HHSC
- The Department of State Health Services (DSHS) is the sister agency that administers public health programs
- Over the past several years, HHSC and DSHS have collaborated on a number of initiatives of mutual interest
**Better Birth Outcomes**

- HHSC and DSHS are jointly planning a number of activities related to improving birth outcomes for Texas babies.
- 54% of all Texas births (204,000) are paid by Medicaid.
- HHSC spends $2.2 billion/year in birth and delivery-related services for mom and infants through first year.
- 67% of Medicaid costs for hospitalized newborns is tied to billing codes for prematurity.
Better Birth Outcomes

- Additionally, HHSC and DSHS are working together on the following:
  - Sharing of monthly DSHS Vital Statistics data with Medicaid health plans to inform about prior births
  - Health plans also receive 3-years of claims data on their members
  - Medicaid and Women, Infants and Children (WIC) program are focusing on breastfeeding education and coordination/education for breast pumps
  - Development of strategies to increase use of long-acting reversible contraception (LARCs)
Better Birth Outcomes

- Health Commissioner Dr. David Lakey hosts major private and public insurance companies that have decided to work collectively on perinatal outcomes
  - Developing consistent, evidence-based messages and wellness programs to use with patients, regardless of payer
  - Working collectively to advance evidence-based obstetric care such as elimination of non-medically indicated inductions and C-sections prior to 39 weeks, and reducing high C-section rates
  - Planning to adopt specific perinatal metrics to ensure improvement in health status for all Texas women
Contact Information

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1115 Waiver website:
http://www.hhsc.state.tx.us/medicaid/about/transformation-waiver.shtml

Managed Care website:
http://www.hhsc.state.tx.us/medicaid/managed-care/plans.shtml